



Policy No: JSD/HR/11	Authorised by: Davina Powell	Review Date: 28th October 2023
Policy Date: 4th April 2021		Date of Next Review: 27th October 2024
SMOKING		

Outcome:

Young people are able to make an informed choice regarding smoking and encouraged to make changes in the interests of their health. For young people who do wish to smoke their nicotine intake is monitored and controlled and does not have detrimental effects on those who do not.

Procedure:

Smoking by Staff:

Staff that do smoke are to be aware that cigarette smoke clings to clothing, including staff uniforms, which can be offensive when in close contact with a child/young person

Staff are only permitted to smoke on duty when prior permission has been obtained from the home's manager. Staff must be off site and must not smoke in front of the young people at any time.

Smoking by young people within SJD Homes

The Unit Manager will designate an area that is available for young people to use. Smoking is strictly forbidden in any area within the home.

- Staff will not lend or borrow cigarettes to or from young people.
- Staff will not purchase cigarettes on behalf of young people.
- Staff will not allow young people to share their cigarettes.
- Staff will not allow residents to smoke anywhere other than the designated areas.
- Staff will not lend money to young people to buy cigarettes.
- Staff will not under any circumstances use cigarettes or tobacco products as a method of control.
- Staff will monitor the intake of nicotine and propose, within the young person's care plan, methods to assist in the reduction of smoking.

There is a clear responsibility on staff to discourage children/young people from use of both tobacco and alcohol particularly where dependence is an issue. Some children/young people will have established a pattern of tobacco and alcohol use which may also be a means to their way of coping with stressful or difficult situations. It is appropriate to consider changing this pattern of behavior, but this must be done in conjunction with recognition of the impact on the individual.

- Staff should help children/young people develop alternative strategies for coping and support them fully in minimising or ceasing their use of both substances.
- Young people who do smoke will be supervised with the disposal of discarded cigarettes and the cleaning of designated smoking areas each evening.

Additionally, support, help and guidance can be gained from health professionals in assisting children/young people in reducing or ceasing their intake. Should the young person wish to reduce their nicotine intake the home manager will arrange for involvement with the necessary health professionals. Staff will accept the responsibility of supporting children/young people in developing healthy lifestyles and encouraging a responsible attitude to alcohol and tobacco use. Additionally, it must be pointed out to all children/young people that everyone has the right to live and/or work in a smoke free environment.

Record of review:

Policies are reviewed every 3 years as a minimum unless there is a significant legislation/guidance change to which they will be reviewed immediately. Key Safeguarding policies are reviewed annually as a minimum.

<u>Reason for update</u>	<u>Date of review</u>	<u>Reviewed by</u>

