



Policy No: SJD/YP/27	Authorised by: Davina Powell	Review Date: 20th October 2023
Policy Date: 4th April 2021		Date of Next Review: 19th October 2024
SMOKING		

SJD Children's Homes are a non-smoking environment. Children and young people are not permitted to smoke while in the care of SJD Homes. There is a clear responsibility on staff to discourage children/young people from the use of both tobacco and alcohol particularly where dependence is an issue.

It is recognised that some children/young people may have an established pattern of tobacco (and alcohol) use which may be their way of coping with stressful or difficult situations. We will endeavour to change this pattern of behavior, but it must be done in conjunction with recognition of the impact on the individual.

Staff should help children/young people develop alternative strategies for coping and support them fully in minimising or ceasing their use of both substances.

Additional support, help and guidance can be gained from health professionals in assisting children/young people in reducing or ceasing their intake.

Staff will accept the responsibility of supporting children/young people in developing healthy lifestyles and encouraging a responsible attitude to alcohol and tobacco use.

Additionally, it must be pointed out to all children/young people that everyone has the right to live and/or work in a smoke free environment.